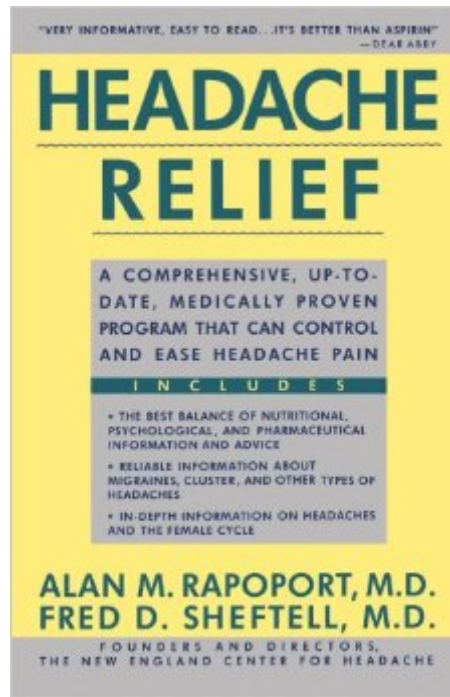


The book was found

Headache Relief



Synopsis

Emotions, nutrition, sleep patterns, stress, and environmental conditions can all trigger headache pain. Now sufferers can learn to control those factors with this clinically proven program which utilizes medication as well as other forms of relief.

Book Information

Paperback: 288 pages

Publisher: Touchstone; Reprint edition (December 15, 1991)

Language: English

ISBN-10: 0671748033

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Product Dimensions: 5.5 x 0.8 x 8.4 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #2,262,551 in Books (See Top 100 in Books) #52 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches](#) #389 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Pain Medicine](#) #2451 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology](#)

Customer Reviews

We were told to get this book from one of our child's doctors. Lots to read and hoping to find it very helpful, so far I have only a little bit, but I found it quite interesting already.

I saw this book at a Hastings but it was pricey. So glad I found it on . I recommend it to anyone in headache pain or migraine condition.

Life saver!!!

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Away The Headache Alternative: A Neurologist's Guide to Drug- Free Relief Headache Relief for Women: How You Can Manage and Prevent Pain Headache Relief The NATURAL HEALTH GUIDE TO HEADACHE RELIEF Stop Your Neck Pain And Headache Now: Fast and Safe Relief in Minutes Proven Effective for Thousands of Patients Woman's Holistic Headache Relief Book Headache Relief HEADACHE RELIEF by Rapoport, Alan M. (Author) on Dec-15-1991 Paperback Relief From Chronic Headache Quick Headache Relief Without Drugs Bath Bombs: 47 Magnificent Organic Non-Toxic Bath Bomb Recipes For Stress Relief, Detoxification, Dry Skin And Longevity! (Bath Bombs, Stress Relief, Bath Bombs Recipes) Emergency Relief System Design Using DIERS Technology: The Design Institute for Emergency Relief Systems (DIERS) Project Manual Prevent Wind Diseases: DIY Cure Stiff-Neck Pain, Migraine Headache, Edema, and Brain Tumor Life Without Pain: Free Yourself from Chronic Back Pain, Headache, Arthritis Pain, and More, Without Surgery or Narcotic Drugs A Headache in the Pelvis: A New Understanding and Treatment for Prostatitis and Chronic Pelvic Pain Syndromes, 4th Edition A Headache in the Pelvis: A New Understanding and Treatment for Prostatitis and Chronic Pelvic Pain Syndromes, 3rd Edition Headache Free: Relieve Migraine, Tension, Cluster, Menstrual and Lyme Headaches

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